



Rejuvenation through art and science

Treatment Instructions **SCULPTRA Aesthetic**

After each treatment session with Sculptra Aesthetic there are a few easy things you will need to help with the treatment results. You can print out this instruction sheet and keep it handy so you remember to do these things every day.

HAVE AN ice pack ready	GIVE YOURSELF facial massages	AVOID excess sunlight and UV exposure
Within the first 24 hours of treatment, apply a cloth-wrapped ice pack to the treated area for a few minutes at a time. Never apply ice directly to the skin. The cold will help reduce common swelling.	Massage the treated area for 3 minutes, 3 times a day, for 3 days after treatment, as recommended by your practitioner.	Protecting your skin from the sun is always important, but after treatment, excessive sunlight and UV lamp exposure should be avoided until any initial swelling and redness go away. Your practitioner will provide guidelines on sunscreen protection and how to avoid excessive sunlight.

Call your practitioner if you have any questions or concerns after treatment. Also, report any side effects to your practitioner. Be sure to keep any follow-up appointments that may be scheduled.

414.964.1111

Remember, Sculptra Aesthetic works by gradually replacing lost collagen. It provides improvements subtly without making it look like you've had work done.

- ✓ Additional Instructions: _____
- ✓ **Call our office promptly if you experience ANY of the following: Increasing pain, swelling, significant bruising or darkening at or around the treatment area, notable change in temperature to the skin surrounding the treatment area, drainage or fever over 100.5 F or ANY other concerns you may have.**

Enjoy your new look and remember that your satisfaction is our goal. Please feel free to call our office at 414.964.1111 and speak with your practitioner with any questions!